



SKIN CANCER, COSMETIC SURGERY AND APPEARANCE MEDICINE - **BAY PLASTIC SURGERY**

# LIFE & BEAUTY



Skin Cancer, Cosmetic Surgery and appearance medicine - all have become well known facets of life today. In varying degrees of impact and importance, be it life threatening or image enhancing and confidence boosting - the relevance to the individual is just that. Individual. At Tauranga's BAY PLASTIC SURGERY this is central to every consultation - you and your needs.

New Zealand born and trained ADAM BIALOSTOCKI of Bay Plastic Surgery is the only resident plastic surgeon in the Bay of Plenty. The clinic is in fact the only dedicated plastic surgery clinic in the Bay, treating patients from as far afield as Gisborne and Taupo, Waikato and Wellington. This is as much to do with Mr Bialostocki's well-deserved reputation as a plastic surgeon as the quality of procedures provided by his skilled team of appearance nurses and doctor at the clinic.

As the only visiting plastic surgeon for Tauranga Public Hospital, Mr Bialostocki regularly operates there on all manner of complex skin cancer and other reconstructive cases. Due to the alarming rate of skin cancer in this region, one area Mr Bialostocki is also kept busy with in his private rooms is assessing and removing both simple and complex skin lesions and cancers, including melanoma. Plastic surgery is the only specialty with a focus on aesthetics as a formal part of training - the obvious advantage of having a plastic surgeon removing skin cancers is that they are specifically trained to attain the very best cosmetic result achievable. Bay Plastic Surgery advises annual skin checks with them, saying early detection and removal is your best defence, along with regular application of sunscreen!

Mr Bialostocki consults and undertakes minor procedures from Bay Plastic Surgery and for more involved surgery uses the private facility, Grace Hospital, where patients are under the care of highly trained anaesthetic and hospital staff. He has a special interest and skill in breast augmentation, reduction, mastopexy (breast lift) and breast reconstruction procedures.

With summer not too far away, liposuction and abdominoplasty procedures are also popular options, each of them requiring an amount of downtime and the wearing of compression garments. Mr Bialostocki's experience and good judgement, combined with the most modern advancements and well-established techniques ensure your optimal outcome is achieved.

## IN SKILLED HANDS

Bay Plastic Surgery also offers a carefully selected array of appearance medicine treatments. Added benefits of having procedures at this clinic are that each patient has the opportunity to initially see Mr Bialostocki for a comprehensive assessment and plan and that the team has been trained in appearance medicine by plastic surgeons.

They continue to fine tune and keep up to date with techniques through attending conferences, workshops and receiving in-house training in the field of cosmetic and appearance medicine. This means you will be cared for by a team of highly skilled professionals.

Men and women keen to rejuvenate their appearance with simple procedures are invited to discuss their individual requirements by appointment. Injectables (Botulinum Toxin A and dermal fillers) and skin peels are

treatments regularly sought. Bay Plastic Surgery has a particular interest in natural peels as a less invasive but highly effective and controllable way to clarify and refine the skin's surface without change in pigmentation. Botulinum Toxin A and dermal fillers are used to enhance the contours of the face, return fullness to lips and smooth frown lines and crows feet. In addition, there is a handpicked selection of over the counter specialty skin care products available which staff are readily available to advise on.

Should you wish to enquire further into treatment options and procedures please phone or drop in. Email enquiries are also welcome. The discreetly positioned clinic provides off-street parking and your privacy is ensured. The personalised care, extensive training and experience of each member of the team means you will be in the most discerning and skilled of hands. ■

## BAY PLASTIC SURGERY

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*Please refer to the Showcase section of UNO. magazine regarding further information on procedures at Bay Plastic Surgery.*

